



Wednesday, October 26, 2005  
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## **News Advisory**

### **Check Your Feet to keep them Happy, Healthy**

*People with diabetes have a high risk for foot amputation*

- What:** The socks will come off as one of Utah's top podiatrists, Dr. Scott A. Clark, will inspect the feet of several people with diabetes and demonstrate how to look for warning signs of foot problems such as sores or ulcers. People from diverse backgrounds with diabetes will be given tips for daily foot care. A new campaign from the Utah Department of Health (UDOH), encouraging people with diabetes to check their feet daily will also be unveiled.
- Why:** Diabetes accounts for over 60 percent of non-traumatic lower extremity amputations (LEAs) in the U.S. Fifteen percent of people with diabetes will experience a foot ulcer; and, up to 24 percent of those with a foot ulcer, will require amputation. By simply controlling diabetes and performing daily self foot exams the risk of amputation can be decreased.
- Who:** Dr. Scott A. Clark, Podiatrist, will perform a demonstration and will be available for media interviews.  
Craig Merrill, Program Representative, UDOH, will present important diabetes information and provide media interviews.
- When:** Thursday, October 27, 11:30 a.m.
- Where:** Medical office of Dr. Scott A. Clark, 2178 South 900 East, Suite #1.  
(801) 466-8206

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*The mission of the Utah Department of Health is to protect the public's health through preventing avoidable illness, injury, disability and premature death, assuring access to affordable, quality health care, and promoting healthy lifestyles.*